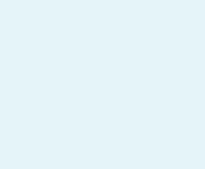


JAMES RIVER BASIN



WATERBODY AND AFFECTED BOUNDARIES	AFFECTED LOCALITIES	CONTAMINANT	SPECIES	ADVISORIES/RESTRICTIONS
Maury River (from Buena Vista at Rt. 60 ~15 miles to the confluence of the James River)	Rockbridge Co., Buena Vista City	PCBs	Redbreast Sunfish	
		PCBs	Rock Bass	
		PCBs	Yellow Bullhead Catfish	No more than two meals/month
		PCBs	Carp	
James River (from Big Island Dam (below Blue Ridge Parkway) downstream to the I-95 James River Bridge in Richmond including its tributaries Hardware River up to Rt. 6 bridge and Slate River up to Rt. 676 bridge. These river segments comprise ~234 miles)	Amherst Co. Bedford Co., Lynchburg City, Campbell Co., Appomattox Co., Nelson Co., Buckingham Co., Albemarle Co., Fluvanna Co., Cumberland Co., Goochland Co., Powhatan Co., Henrico Co., Chesterfield Co., Richmond City	PCBs	Gizzard Shad	
		PCBs	Carp	
		PCBs	American Eel	No more than two meals/month
		PCBs	Flathead Catfish	
		PCBs	Quillback Carpsucker	
		PCBs	Gizzard Shad	DO NOT EAT
		PCBs	Carp	DO NOT EAT
		PCBs	Blue Catfish ≥ 32 inches	DO NOT EAT
		PCBs	Flathead Catfish ≥ 32 inches	DO NOT EAT
		PCBs	Blue Catfish < 32 inches	
		PCBs	Flathead Catfish < 32 inches	
		PCBs	Channel Catfish	
		PCBs	White Catfish	
		PCBs	Largemouth Bass	
		PCBs	Bluegill Sunfish	
		PCBs	American Eel	
		PCBs	Quillback Carpsucker	
		PCBs	Smallmouth Bass	
		PCBs	Greek Chub	
		PCBs	Yellow Bullhead Catfish	
		PCBs	White Perch	
		PCBs	Striped Bass	
		PCBs	Bluefish	
		PCBs	Croaker	
		PCBs	Spot	
		PCBs	Blueback Herring	
		PCBs	Hickory Shad	
		Kepone	All Species	PCBs advisory is more restrictive. Follow the PCBs advisory for the species listed. Any fish for species not listed, limit consumption to one meal per day.
Southern Branch of the Elizabeth River and its tidal tributaries (~ 23 miles)	Portsmouth City, Chesapeake City, Norfolk City	PCBs, Dioxins	Blue Crab (Hepatopancreas only)	DO NOT EAT crab's hepatopancreas ("mustard," green gland, tomalley). This advisory applies only to avoiding eating the crab's hepatopancreas or "mustard" (image below). Crab meat is not subject to this advisory. 
Harrison Lake (entire lake, ~ 82 acres)	Charles City Co.	Mercury	Redear Sunfish	
		Mercury	Largemouth Bass	
		Mercury	Chain Pickerel	
		Mercury	Bowfin	
		Mercury	Largemouth Bass	No more than two meals/month
		Mercury	Chain Pickerel	
		Mercury	Bowfin	
		Mercury	Gizzard Shad	
Chickahominy Lake (entire lake, ~ 1230 acres)	Charles City Co., New Kent Co.	PCBs	Carp	No more than two meals/month
Mill Creek (entire creek) near Fort Monroe	City of Hampton	PCBs	Carp	No more than two meals/month
Upper James River (from the head of the James near Iron Gate (at the confluence of Jackson River and Cowpasture River) to Balcony Falls Dam downstream of Glasgow (near the Maury River))	Botetourt Co., Rockbridge Co.	PCBs	Carp	No more than two meals/month

*A meal is considered to be an eight-ounce (half-pound) serving of fish.

Fish consumption advisories are reviewed annually and updated as needed. This fish consumption advisory provides meal recommendations on eating certain fish species caught from specified waterbodies. It is recommended to follow the guidance presented on this advisory to reduce your total exposure to fish contaminants. For questions about human health risks from exposure to fish contaminants, contact the [Virginia Department of Health's Toxicology Program](#) at (804) 864-8182. For questions regarding waterbodies or the fish tissue sampling process, contact the [Virginia Department of Environmental Quality](#).